



What is the course all about? Fatal injuries in the construction industry occur on both small and large building projects. A large number of deaths involve falls from ladders, scaffolds, and roof. Other fatal injuries arise from the collapse of excavations, poor lifting operations, electric shock and transport accidents.

What will I learn? The course is for those who have entered, or are about to enter, the Construction industry as a member of the workforce, to help them understand the potential hazards that they face at work on a site. It provides a practical summary of health and safety, welfare and environmental issues identifying individual responsibilities, what the employers' duties are and what should be done if someone's health and safety is being put at risk. This is a popular route for anyone looking to take their first step towards obtaining a CSCS Labourer (Green) Card.

Exactly What Will I Do? At the end of the course the delegates will be able to:

- Understand the need to prevent accidents
- Have an understanding of health and safety law
- Identify how their role fits into the control and management of the site
- Understand the need for risk assessments and methods statements
- Appreciate the need to perform safely and ask for advice
- Report unsafe acts to prevent and accident

Elements of construction safety covered will be:

- General responsibilities
- Emergency procedures and accident reporting
- Work at height
- Manual Handling
- Hazardous substances and PPE
- Fire Prevention and control
- Hand-held equipment, tools and electrical safety
- Site transport safety
- Noise and Vibration
- Excavations and confined spaces



CITB Construction - Health and Safety Awareness

Course Reference: CHSA/001/INT

Who should attend? Anyone who works in the construction industry

Student Requirements: No previous training required

How long will it last? 1 Day

How many will be there? Maximum of 12

Do I get anything to take away? A CITB certificate of attendance will be issued which will last for five years.

What other courses can I do after this one? There are plenty of progression courses for you to choose from:

- Site Supervisors Safety Training Scheme
- Specific work task courses

Where and When? We have courses running at our premises throughout the year.

What about Food and Drink? We really don't want you to worry about anything, so we have made sure we think of everything especially the catering arrangements. For this course we provide drinks and some fantastic food at lunchtime.

What's it going to cost me? Individual costs at our training facility are £140 + VAT. Prices for courses at our premises include catering the official CITB publications. For groups at your premises, give us a call so we can discuss a suitable discount.

NOTE: If you are paying the CITB Levy you may be entitled to claim back money against this course.

What do I do now?

Contact us 08456 344164, or;

E-mail; kate@safetyforbusiness.co.uk



Delivering CITB assured courses.