



CITB - Site Safety Plus - Health and Safety Awareness. Overview

This introductory course for health and safety is for people who are new to the construction and civil engineering industries. It teaches you the main health and safety issues on construction sites and how these affect your role. It is also recommended as a Health and Safety refresher of knowledge after five years. It is one of the Site Safety Plus range of courses.

Course Content

- Workers' individual responsibilities for their own safety and the safety of others
- Typical construction hazards and how these are controlled
- How everyone can help achieve better practical standards of safety on site
- Legal requirements and liabilities
- Working at height
- Manual handling
- Fire prevention
- Work equipment
- Occupational health

Note:

You will need a good understanding of spoken and written English. Please contact us if you have any concerns in this area

You will need to provide a valid ID for the course, such as a copy of your passport or driving licence.



Duration, ratios and certification

Duration varies, dependant on the course required.

1 day for up to 20 candidates

Certification options include:

Site Safety Plus Certificate.

For further information on costs or course availability, please contact us
t. 01453 826781 e. info@gettrained.co.uk www.gettrained.co.uk



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Facilities and Equipment requirements

Facilities

Suitable classroom with sufficient tables and chairs for candidates and trainer

White wall or projector screen

Wipe board and/or flip chart

240 volt electrical supply

Adequate welfare facilities

Equipment

Not applicable

PPE and work wear

Not applicable

A bit about us.

C&G Services are a multidisciplinary training organisation with a rich heritage in training and consultancy services. We continue to comply with all applicable statutory and regulatory requirements whilst maintaining ISO 9001 certification for our Quality Management System as well as holding many other Regulatory Body memberships, certifications and accreditations. This ensures that specific requirements of our customers can always be fully met.