



## CITB - Site Safety Plus - Site Management Safety Training Scheme. Overview

This comprehensive training course has been specifically designed for anyone who has responsibility for the organisation and running of a construction site, including Contract Managers, Site Managers and assistant Site Managers

### Course Content

#### Module 1 – Legal and management

Health and safety law, The Health and Safety at Work etc. Act, Construction (Design and Management) (CDM) Regulations, Health and safety management systems, Risk assessments and method statements, Induction and training, Effective communication, Leadership and worker engagement, Inspection and audit, Statutory forms & notices, Accident prevention, control, reporting and investigation

#### Module 2 – Health and welfare

Management of health, Welfare facilities, Stress and mental health at work, Drugs and alcohol, Control of substances hazardous to health, Lead, Asbestos, Dust and fumes, Noise, Vibration, Manual handling

#### Module 3 – General safety

Site organisation, Fire prevention and control, and dangerous substances, Electrical safety, Temporary works, Work equipment and hand-held tools, Mobile work equipment, Lifting operations and equipment, Mobile workforce and driver safety

#### Module 4 – High risk activities

Work at Height Regulations, Working at height, Common access equipment, Scaffolding, Fall arrest and suspension equipment, Excavations, Underground and overhead services, Confined spaces



### Duration, ratios and certification

Duration varies, dependant on the course required.

Novice 5 days for up to 20 candidates

Refresher 2 days for up to 20 candidates

Certification options include:

Site Safety Plus Certification

For further information on costs or course availability, please contact us  
t. 01453 826781 e. [info@gettrained.co.uk](mailto:info@gettrained.co.uk) [www.gettrained.co.uk](http://www.gettrained.co.uk)



[gettrained.co.uk](http://gettrained.co.uk)

**consult &  
gettrained**

## Facilities and Equipment requirements

### Facilities

Suitable classroom with sufficient tables and chairs for candidates and trainer

White wall or projector screen

Wipe board and/or flip chart

240 volt electrical supply

Adequate welfare facilities

### Equipment

Not applicable

### PPE and work wear

Not applicable

### Note:

You will need a good understanding of spoken and written English. Please contact us if you have any concerns in this area

You will need to provide a valid ID for the course, such as a copy of your passport or driving licence.

## A bit about us.

C&G Services are a multidisciplinary training organisation with a rich heritage in training and consultancy services. We continue to comply with all applicable statutory and regulatory requirements whilst maintaining ISO 9001 certification for our Quality Management System as well as holding many other Regulatory Body memberships, certifications and accreditations. This ensures that specific requirements of our customers can always be fully met.