



## Emergency First aid at Work. Overview

This comprehensive training course has been specifically designed for candidates who have been nominated by their employer to carry out emergency First Aid in the event of accident or injury at work. The course is designed to equip candidates with the knowledge to administer emergency First Aid procedures.

## Course Content

Introduction, aim and objectives	Administer first aid to a casualty who is choking,
Understand the role of the first-aider, including reference to the importance of preventing cross infection, the need for recording incidents and actions and use of available equipment.	Administer first aid to a casualty who is wounded and bleeding.
Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency.	Administer first aid to a casualty who is suffering from shock.
Action in an emergency.	Provide appropriate first aid for minor injuries, Small cuts, grazes and bruises,
Primary survey, Secondary assessment.	Minor burns and scalds,
Administer first aid to a casualty who is unconscious (including seizure).	Small splinters.
Administer CPR; to include AED	Summary assessments
	Course documentation and closure

## Duration, ratios and certification

Duration varies, dependant on the course required.

1 Day, up to 12 Candidates

Certification options include:

C&G Services Certification



For further information on costs or course availability, please contact us  
t. 01453 826781 e. [info@gettrained.co.uk](mailto:info@gettrained.co.uk) [www.gettrained.co.uk](http://www.gettrained.co.uk)



consult &  
gettrained

## Facilities and Equipment requirements

### Facilities

Suitable classroom with sufficient tables and chairs for candidates and trainer

White wall or projector screen

Wipe board and/or flip chart

240 volt electrical supply

Adequate welfare facilities

### Equipment

First aid boxes, AED's, Resuscitation Annies, Choking Vest, bandages

### PPE and work wear

Not applicable. No specific requirements

## A bit about us.

C&G Services are a multidisciplinary training organisation with a rich heritage in training and consultancy services. We continue to comply with all applicable statutory and regulatory requirements whilst maintaining ISO 9001 certification for our Quality Management System as well as holding many other Regulatory Body memberships, certifications and accreditations. This ensures that specific requirements of our customers can always be fully met.