



Industrial counterbalance lift truck Overview

This comprehensive training course has been designed for lift truck operators who are required to operate counterbalance lift truck within their workplace. The course completion is with both theory and practical test. The course is a blend of classroom based and practical training in open area and confined area.....

Course Content

Operators duties, responsibilities on forklift trucks	Assess weight of loads and the centre of gravity to ensure they comply with the trucks rated capacity
Health and safety regulations including PUWER, LOLER	Complete a variety of stacking/destacking manoeuvres with a variety of loads at different levels
Understand the principles of stability /instability of forklift trucks	Understanding slopes loaded and unloaded and how to negotiate them in a safe manner
Identify the basic construction and main components of the forklift	Be able to correctly load and unload vehicles
Perform pre-use inspection of the forklift truck	Complete and perform left and right turns forwards and reverse
Locate and state the purpose of all controls fitted to the forklift truck	Understand and complete safe parking and isolation of the forklift
Perform manoeuvres in open area and enclosed area	
Complete the manoeuvres loaded and unloaded	



Duration, ratios and certification

Duration varies, dependant on the course required.

Novice 4 -5 days up to 3 candidates

Refresher 1 day up to 3 candidates

Certification options include: C & G Services (Europe) Ltd

For further information on costs or course availability, please contact us
t. 01453 826781 e. info@gettrained.co.uk www.gettrained.co.uk



**consult &
gettrained**

Facilities and Equipment requirements

Facilities

Suitable classroom with sufficient tables and chairs for candidates and trainer(including practical area suitable for training away from normal working environment

White wall or projector screen wipe board and/flip chart

240 volt electrical supply

Adequate welfare facilities

Equipment

A serviceable counterbalance forklift that meets current legislation fitted with standard forks which are match pair, R.O.P.S/ F.O.P.S and a seatbelt fitted.

Variety type of loads with 1 load not less than 60 percent of the trucks maximum lift capacity other loads suitable for stacking at a variety of heights including suitable system to perform stacking manoeuvres.

Ground area clear of hazards(level ground with at least a run of 20 metres) cones / materials to create a restrictions for travelling and manoeuvring and complete right and left turns.

PPE and work wear



A bit about us.

C&G Services are a multidisciplinary training organisation with a rich heritage in training and consultancy services. We continue to comply with all applicable statutory and regulatory requirements whilst maintaining ISO 9001 certification for our Quality Management System as well as holding many other Regulatory Body memberships, certifications and accreditations. This ensures that specific requirements of our customers can always be fully met.