















Use & Inspection of Life Jackets. Overview

This comprehensive training course has been specifically designed for personnel who are required to inspect record and use life jackets during the normal course of their work. Note: this course is not RYA or MCA accredited

Course Content

Introduction, aims and objectives

The application of MindSafety

Duties and responsibilities

Understanding the need to use life jackets

Types and specifications of Life jackets and buoyancy aids

Life jackets - Component parts, inspection and methods of inflation

Manual Re-arming and replacement CO2 cylinders

Frequency of inspection and record keeping

Methods of inspection and action in the event of defect

Wearing and adjustment of the life jacket

Methods of inflation (Automatic and Manual)

Additional safety features including grab hoops and whistle

Storage and cleaning requirements

Summary discussions

Course documentation and closure



Duration, ratios and certification

Duration varies, dependant on the course required.

0.5 days for up to 6 candidates

Certification options include:

C&G Services (Europe) Ltd certification

For further information on costs or course availability, please contact us **t.** 01453 826781 **e.** info@gettrained.co.uk **www** gettrained.co.uk



Course Code HSILJ103 JP 0125

Facilities and Equipment requirements

Facilities

Suitable classroom with sufficient tables and chairs for candidates and trainer

White wall or projector screen

Wipe board and/or flip chart

240 volt electrical supply

Adequate welfare facilities

Equipment

Candidates should bring their own, issued lifejackets and replacement components.

Training will take place at the waters edge, ideally gently sloping to the water with limited slip, trip hazards.

PPE and work wear















A bit about us.

C&G Services are a multidisciplinary training organisation with a rich heritage in training and consultancy services. We continue to comply with all applicable statutory and regulatory requirements whilst maintaining ISO 9001 certification for our Quality Management System as well as holding many other Regulatory Body memberships, certifications and accreditations. This ensures that specific requirements of our customers can always be fully met.