

THERMAE SPA THE ACTIVE INGREDIENTS

Water is the source of life. Even more so if it is thermal water because, as it travels underground to the spring, it picks up elements that turn out to be precious for skin treatment. The secret of the effectiveness of the new Thermae SPA line lies precisely in the thermal water used, which gushes from the thousand-year-old **Acqua Santa Spring** of the **Terme di Chianciano**.

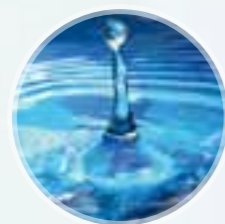
THE BASIC PRINCIPLE: ACQUA SANTA

The Acqua Santa of Chianciano Terme flows out at a constant temperature of 33° in a centuries-old park. Classified as a bicarbonate-sulphate-calcium water, it has a **remineralizing effect** that helps restore new energy to the skin, while its content of sulfur and magnesium encourages a **purifying effect** in order to **re-establish optimal balance of the skin**.

THE COMPLEMENTARY PRINCIPLES: THERMAL TRACE ELEMENTS

Crucial to our body's well-being, they carry out a vital action on skin balance, helping to **maintain optimal** levels of moisture and stimulating natural **self-defense mechanisms against damage caused by external environmental agents**.

To assure the naturalness of the formulas and of the various treatments, THERMAE SPA products contain no mineral oils, parabens, paraffins, dyes and silicones.



THERMAE SPA THE PROFESSIONAL TREATMENTS

Three different treatments that combine the **efficacy of active ingredients**, with **pleasurable gestures** to restore new radiance to the skin and instill a pleasant feeling of gratification and relaxation that helps to relieve tension.

Perfect for both him and her, the Thermal Spring treatments are recommended for all skin types and for all ages. They are also ideal for getting the skin ready to receive the ensuing treatments.

A careful and personalized check-up will help you determine the number of treatments to be carried out at the Beauty Salon.

THERMAL SPRING COMPLETE TREATMENT

It quickly restores radiance, freshness and softness to the skin, removing impurities and toxins and providing energy.

Recommended for: wrinkled, tired, dry and dehydrated skin.

Advice: perfect during the winter months to keep body skin soft. Recommended before exposure to the sun and when, once the tan fades, the skin looks very dry and tends to flake off.

Duration: 60 minutes.

Phases: 1 + 2 + 3.

THERMAL SPRING REGENERATING TREATMENT

It carries out a deep yet gentle exfoliation that stimulates cellular turnover and restores softness and uniformity to the epidermis, getting the skin ready to receive the following treatments.

Recommended for: dry, rough and dull skin.

Advice: also perfect as a one-time treatment to help the epidermis stay soft and smooth.

Duration: 30 minutes.

Phases: 1 + 3.

THERMAL SPRING PURIFYING TREATMENT

It carries out a deep detoxifying action that encourages the elimination of impurities and fluids trapped in tissues, and it stimulates cellular metabolism, leaving the skin looking noticeably more radiant and fresher.

Recommended for: delicate skin that tends to become easily irritated.

Advice: Recommended when it is preferable to avoid using an exfoliating product due to excessive skin sensitivity and tendency to become red and irritated.

Duration: 40 minutes.

Phases: 2 + 3.



THE PROFESSIONAL BODY TREATMENTS
THERMAE SPA REGENERATING SPRING



THERMAE SPA THE THERMAL ANSWER

A LINE OF PRODUCTS MADE WITH WATER FROM
CHIANCIANO TERME TO RECREATE A VERITABLE
SPA TREATMENT AT THE BEAUTY SALON

FOR A REBIRTH IN BEAUTY AND WELLBEING



THERMAE SPA PROFESSIONAL PRODUCTS

Lympha VITALIZING WATER

A concentrate of thermal Water and Trace elements to restore freshness and well-being to the skin. Rich in zinc, magnesium and moisturizing substances, it helps restore proper skin balance, energizing the skin and instilling softness and radiance.

Professional: follow the specific professional guide.

Self-Care: spray on facial and body skin after cleansing.

Haloscrub SMOOTHING SCRUB

An innovative scrub, rich in natural substances, for intense exfoliation that refines the grain of the epidermis. Sea salt, combined with thermal Trace elements and Water, regenerates the skin and prepares it to receive the following treatments.

The nourishing properties of plant oils complete the smoothing and silkening effect.

Professional: follow the specific professional guide.

Self-Care: massage on dampened skin with circular movements, then rinse off.

Oleum REGENERATING GEL OIL

An innovative and seductive gel: when in contact with the skin, it turns into a delicate oil whose precious active ingredients are triggered during the massage. It contains thermal Trace elements and Water combined with cotton and olive plant oils, known for their emollient and restructuring properties. It glides lightly on the skin, leaving it moisturized, supple and radiant.

Professional: follow the specific professional guide.

Self-Care: massage on dry skin until it is completely absorbed.

Limus PURIFYING WHITE MUD

Smooth, creamy mud, perfect for face and body to fight the harmful effects of stress. Made with thermal Trace elements and Water; combined with essential oils and plant active ingredients with nourishing and antioxidant properties, it cleanses the skin deep down, provides it with minerals useful for its vitality and stimulates cellular metabolism. The epidermis looks younger, more velvet-like to the touch and more radiant.

Professional: follow the specific professional guide.



HOW TO CARRY OUT THE PROFESSIONAL TREATMENT

PREPARING THE CABIN

To get the Customer involved and have her enter the Thermae world, she needs to be welcomed with special attentions so that the treatment can turn into a moment of complete relaxation:

- adjust music and lights;
- set up the work surface with the mud warmer and the Thermae Spa products in special bowls;
- prepare the Slimsauna (or Termotronic) on the bed turned on, cover with a terry towel and a Cartene sheet.

To further enhance the experience of deep well-being and fully dive into the spa atmosphere, the Thermae SPA body treatment can also be carried out using **Nausicaa**.

PHASE 1: REGENERATING

1. Have the Customer lie face down, prepare one bowl with hot water mixed with about 10 sprays of **Lympha** and one bowl with 50 ml of **Haloscrub**.
2. Soak a disposable glove in the bowl containing water and **Lympha** then use it to dampen the Customer's body. Apply **Haloscrub** with exfoliating gestures, insisting on the more thickened areas and, if necessary, keep dampening the Customer's skin.
3. Have the Customer turn over on her back and massage using what is left of the product.
4. Wrap the Customer in the Cartene sheet, cover her with a terry towel and leave on for 5 minutes.
5. After the application time expires, remove the product using the disposable gloves previously dampened in the bowl of hot water containing **Lympha** or, if the Customer prefers it, have her take a shower.

PHASE 2: PURIFYING

6. In a bowl, mix 150 ml of **Limus**, previously warmed up in the mud warmer, with 30 sprays of **Lympha**. With the Customer lying face down, apply half the product quantity using your hands.
7. Have the Customer lie on her back and repeat the treatment. Wrap the Customer in the Cartene sheet, cover her with a terry towel and leave on for 15 minutes.
8. At the end of the application time, have the Customer take a shower.

PHASE 3: RELAXING

9. Prepare a bowl with 10 ml of **Oleum**. Have the Customer lie face down and carry out a relaxing, tension-relieving massage. At the end of the massage, dab with a dampened disposable glove or towel to facilitate its absorption.
10. Spray **Lympha** on the entire body to provide a feeling of deep freshness and to leave the skin delicately scented.
11. Have the Customer turn over and repeat the treatment.
12. To maintain the results of the treatment and to take home the pleasure of a spa experience, recommend that the Customer purchase the home-care products.

THERMAE SPA HOME-CARE PRODUCTS

A daily skin care program that takes care of the skin every single day and gets it ready for the treatment at the Beauty Salon. Soft and inviting, the textures of the Thermae Spa products spread on the skin like a caress and instantly blend with it, leaving it silky, sensual and delighted. An invigorating and energetic fragrance that provides a feeling of freshness and well-being, perfect for him and her.

Balneum SHOWER&BATH GEL

It gently cleanses body skin while instilling a sweet-scented feeling of well-being. Enriched with thermal Trace elements and Water, it energizes the skin, leaving it soft, toned and pleasantly scented.

Self Care: pour it under running bath water or massage it on the body under the shower.

Cremae NOURISHING CREAM

Cream with a velvety texture that is both rich and light, to provide nourishment and comfort to body skin. Made with thermal Trace elements and Water, it is enriched with Shea butter, with its highly emollient properties, and vitamins A and E, which help fight dryness and skin aging. Easily absorbed, it leaves the skin pleasantly soft, radiant and with a delicate fragrance.

Self Care: apply daily with a light massage.



PRODUCTS FOR THE PROFESSIONAL TREATMENT

DESCRIPTION	CODE	PACKAGE	REC. QUANTITY
Haloscrub - SMOOTHING SCRUB	PF005827	500 g Jar	50 ml
Lympha - VITALIZING WATER	PF005828	150 ml Bottle	15 ml
Limus - PURIFYING WHITE MUD	PF005829	750 ml Stand-up tube	150 ml
Oleum - REGENERATING GEL OIL	PF005831	100 ml Jar	10 ml

HOME-CARE PRODUCTS

DESCRIPTION	CODE	PACKAGING
Balneum - SHOWER&BATH GEL	PF005826	200 ml Tube
Cremae - NOURISHING CREAM	PF005830	200 ml Tube