

The Bambach Saddle Seat

The only way to **naturally** relieve
and prevent occupational back pain

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Call us free on **0800 581108**
or email us at **info@bambach.co.uk**

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Are you sitting comfortably? No? Then we'll begin...



On conventional seating
your posture collapses into
an unnatural 'C' shaped curve.

Many studies have shown that pain in the lower back, neck and shoulders, together with related headaches, are an occupational hazard for people spending much of their working day sitting on a conventional seat.

A major cause of these back related problems is poor posture. Sitting on a conventional seat allows your spine to collapse into an unnatural 'C' shaped curve which compresses the vertebrae together creating excessive pressure on the discs. Over time, this can cause pain and other work related upper limb disorders.

The Bambach Saddle Seat is the answer to back pain.



Only **The Bambach Saddle Seat** reproduces the natural 'S' shape of your spine – and allows you to maintain it – effortlessly.

One of the best ways to help prevent back problems is to retain the spine's natural stress-free 'S' shape. Based on extensive research, the special shape of The Bambach Saddle Seat ensures that your spine naturally adopts this 'S' shape when you sit, even when you stretch or lean forward. So you don't lose the mobility you need for easy working, but you do maintain proper posture – without effort, so helping to avoid back problems.

If you suffer from headaches or pain in your arms or hands, the natural posture promoted by The Bambach Saddle Seat keeps your body in balance and helps to avoid these problems too.

The Bambach Saddle Seat.

Every seat is made just for you...



The Bambach Saddle Seat comes with **adjustable seat tilt** to give optimum balanced position and suit your working habits, **high density padding** for all day comfort, a choice of **pure new wool or easy clean vinyl** covering in **16 colours** to suit any environment, plus a host of other options to meet every requirement.

Types of seat

There are two basic seat types – the standard seat and the cutaway seat. The cutaway seat is for people with limited abduction (narrow hips).

- **Standard seat** Code *BAM1*
- **Standard seat with adjustable backrest** Code *BAM2*
- **Cutaway seat** Code *CUT1*
- **Cutaway seat with adjustable backrest** Code *CUT2*

Height of seat

To ensure your seat is a perfect fit – the gas lift height adjuster is available in a choice of heights with either a hand or foot operated mechanism.

- | | Foot operated | Hand operated |
|--------------------------------------|------------------|-----------------|
| ● Extra small: 410mm to 480mm | <i>N/A</i> | Code <i>RG1</i> |
| ● Small: 480mm to 610mm | Code <i>FHA2</i> | Code <i>RG2</i> |
| ● Medium: 575mm to 765mm | Code <i>FHA3</i> | Code <i>RG3</i> |
| ● Long: 645mm to 900mm | Code <i>FHA4</i> | Code <i>RG4</i> |

Choice of Castors

- **Standard – soft** Code *SSC 1*
For hard surface floors. Will roll uninterrupted.
- **Locking when loaded – soft** Code *LWLSC 1*
Will not move when weight is applied to the seat.
- **Locking when unloaded – soft** Code *LWULSC 1*
Will not move until weight is applied to the seat.
- **Standard – hard** Code *SHC 1*
For soft floors like carpet. Will roll uninterrupted.
- **Glides** Code *G 1*
To stop the seat moving at all.

Choice of seat covering in 15 colours

- **Pure new wool or easy clean vinyl** fire tested to BS5852
- **Leather** (Ask for details)

Extras

- **Natural wool sheepskin cover** Code *COV 1*
Fits over the standard seat to give a warmer feel.
- **Footring** Code *FR 1*
Enables you to sit slightly higher than normal but ensures that your feet are safely supported.

A choice of 15 colours in easy clean vinyl and hard-wearing pure new wool cloth

WHITE

ALMOND

SUNSHINE

CORAL

STONE

SILVER PEARL

BALTIC

BLUE HERON

BLACK

ORCHARD

LIGHT GREY

DARK GREY

BLUE

BLACK

GREEN



- 1 Standard Seat
- 2 Cutaway Seat
- 3 Sheepskin Covering
- 4 Seat with Foot Ring
- 5 Seat with Foot Height Adjuster
- 6 Seat with Backrest



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How you will benefit from using The Bambach Saddle Seat.

Stressed 'C' shape
of your spine sitting on
a conventional seat



Natural 'S' shape
of your spine sitting on
The Bambach Saddle Seat



More than just another seat...

Ergonomically constructed

It is ergonomically constructed so that your pelvis is both correctly balanced and stable.

Maintains optimal spinal function

It allows your spine to function in its optimal, balanced axis with the natural curve and the muscles under minimal stress and to maintain this position effortlessly.

Easily adjusted to suit your needs

Through easy height adjustment, it permits stable positioning of your feet on the floor, and guarantees free and controlled movement.

Enhances use of your upper body

It allows finely tuned balance between your shoulders, neck and head and permits undisturbed position reflexes, optimal visual overview and enhanced use of your hands.

Promotes good circulation

The 'open' position of your hips when seated on The Bambach Saddle Seat fosters good blood circulation.

Extremely comfortable

It is extremely comfortable and provides a wide range of adjustment to help you find your 'natural' sitting position.

Prevents problems caused by poor posture

It prevents functional problems and potential damage which could be caused by work positions that restrict movement.

It can also help if you suffer from headaches or pain in your arms or hands.

THIS IS THE SEAT IMAGE WITH ADDED BLEED.
NO YELLOW BACKGROUND IS TO SHOW AROUND EDGE OF SEAT.



THIS IS THE SEAT IMAGE WITHOUT ADDED BLEED.
NO YELLOW BACKGROUND IS TO SHOW AROUND EDGE OF SEAT.

