

The **wrist donut** provides superior comfort without compromise and when compared to the benefits of desk mounted wrist rests the wrist donut has many distinct advantages:

- P Cradles, cushions, levels and supports the wrist joint and lower palm for optimum comfort.
- P Always where it is needed - 'on hand' to cushion and protect the wrist against any hard surface – regardless of available desk space.
- P Non restrictive, allowing the user to work in a comfortable position of personal choice, as opposed to conforming to the fixed position of a desk mounted wrist rest.
- P Allows the user freedom of movement for hands; arms and shoulders and so aids the prevention of WRULDs.
- P Non obstructive – the wrist donut does not get in the way of other tasks, e.g. writing; using a calculator or telephone.
- P Can be used with a Laptop.
- P Provides comfort even where the work area is limited and frees up valuable work space.
- P Cost effective alternative to providing separate wrist rests for mouse and keyboard.
- P Perfect PPE for mobile workers and hot deskers.
- P Provides the perfect opportunity for corporate branding.
- P Once on the wrist the wrist donut can rarely fall on the floor!

Customer Testimonials:

Thousands of people in the UK and across the World are already reaping the benefits of the wrist donut and here's what a few of them have to say:

"I have been using the wrist donut since November 2011. Without it, I would not have been able to continue full-time work. It is fantastic. I would recommend it to anyone."

"Fantastic product! Bringing very welcome relief from severe RSI - it no longer hurts when typing."

"This item was purchased for a friend who works on cruise ships. She came home from her last contract with her wrist strapped up, in severe pain. RSI. She emailed me the other day just to say how marvellous the wrist donut is - no pain at all, and without it she feels she would be unable to work and would be medically discharged. Well pleased all round!!"

"Using them along with exercises given by a physio over the last six weeks, all pain in my arms and shoulders has gone, so virtually, have the pins and needles. I am really pleased with this product."

To read more, please visit www.wristdonut.com or www.amazon.co.uk.